



Musing

March 2018 - "What to Do about March"

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What to do about the Month of March:

The 1st day of March is the meteorological beginning of spring in the Northern Hemisphere, however I am sure many of us living here would disagree. We know that in the north woods March weather frequently fluctuates between tempting us with a taste of spring or reminding us that winter is still upon us (the old references to coming and departing like a Lion or Lamb).

Indeed there are parts of the country where March is an extremely pleasant month before the extreme heat of summer descends. Even in southern portions of Wisconsin and Minnesota March can be very spring-like, but usually not here where we have our cabins or homes.

So, how do we appreciate this month, frequently viewed as a continuation of winter, when we are so desperately anxious for spring? After mulling and musing this over, I have decided to embrace March and appreciate all that she may bring:

A snowstorm? No problem, it is one more chance to walk in the falling snowflakes, hike in the woods or cross-country ski that favorite trail.

A "warm" sunny day? (remember the definition of warmth is all relative) Take the time to bask in the springtime feel of this unexpected gift.

Blustery winds? Think of the song from Mary Poppins....."Let's Go Fly a Kite!"

Rain? Grab your raincoat or umbrella and walk through puddles as you did as a kid or imitate Gene Kelly "Singing in the Rain".

So, with these thoughts in mind, consider using March as your "transition month" to relish and enjoy saying goodbye to another great winter season and get ready for what spring and summer will bring. For March, with its unpredictability, is a wonderful reminder that change and variety is a good thing..... in so many ways.